

Snack and Lunch Menu – January 2012 (Aurora Campus)



Monday	Tuesday	Wednesday	Thursday	Friday
<p>9 Kix cereal, banana slices, milk</p> <p>Tater tot & ground beef casserole, cheesy broccoli, fruit cocktail, saltines, milk</p> <p>Ritz crackers, 100% apple juice</p>	<p>10 Whole wheat cheesy toast, apple slices, milk</p> <p>Sloppy joe sandwich, green beans, whipped cauliflower, milk</p> <p>Austin cheese crackers, cucumbers w/ ranch, water</p>	<p>11 Pancakes, berries, milk</p> <p>Chicken nuggets, mashed potatoes, peaches, Club crackers, milk</p> <p>Graham crackers, 100% pineapple juice</p>	<p>12 Cornbread, applesauce, milk</p> <p>Baked beans & weenies, corn, pears, whole wheat bread, milk</p> <p>Nutri-Grain bar, milk</p>	<p>13 Yogurt Burst Cheerios, orange slices, milk</p> <p>Turkey rolls, whipped sweet potatoes, pineapple, Club crackers, milk</p> <p>Chef's Choice, 100% orange juice</p>
<p>16 Kashi Warm Cinnamon Oat cereal, banana slices, milk</p> <p>Beef meatballs, egg noodles, green beans, pears, milk</p> <p>Oatmeal cookies, milk</p>	<p>17 Warm cinnamon biscuits, apple slices, milk</p> <p>Beef corn dogs, mashed potatoes, peaches, saltines, milk</p> <p>Vanilla yogurt mixed with granola cereal, water</p>	<p>18 Oatmeal mixed with blueberries, milk</p> <p>Chicken & cheesy rice casserole, peas & carrots, applesauce, milk</p> <p>Nutri-Grain bar, 100% pineapple juice</p>	<p>19 French toast stick, mango, milk</p> <p>Ground beef & cheese quesadillas, corn, fruit cocktail, milk</p> <p>Animal crackers & Chex/Trail Mix, water</p>	<p>20 Honey Nut Cheerios, orange slices, milk</p> <p>Chicken salad, whipped sweet potatoes, pineapple chunks, corn chips, milk</p> <p>Chef's Choice, 100% orange juice</p>
<p>23 Wheaties cereal, banana slices, milk</p> <p>Whole grain chips w/ cheese sauce, refried beans, cucumber slices, pears, milk</p> <p>Cheez-Its, 100% white grape juice</p>	<p>24 Raisin cinnamon bread, grapes, milk</p> <p>Mac & cheese w/ ground beef, green beans, peaches, saltines, milk</p> <p>Cottage cheese mixed with pineapple chunks, water</p>	<p>25 Waffle, mixed berries, milk</p> <p>Meatloaf, whipped sweet potatoes, fruit cocktail, whole wheat bread slice, milk</p> <p>Granola bar, 100% pineapple juice</p>	<p>26 Graham crackers, applesauce, milk</p> <p>Chicken nuggets, mashed potatoes, pineapple chunks, Club crackers, milk</p> <p>String cheese, Ritz crackers, water</p>	<p>27 Fruity Cheerios, orange slices, milk</p> <p>Cornbread, pinto beans, whipped cauliflower, strawberries, milk</p> <p>Chef's Choice, 100% orange juice</p>
<p>30 Kix cereal, banana slices, milk</p> <p>Tuna salad, green beans, peaches, Club crackers, milk</p> <p>Butter cookies, milk</p>	<p>31 Warm cinnamon biscuits, apple slices, milk</p> <p>Baked ham, mashed potatoes, fruit cocktail, saltines, milk</p> <p>Vanilla yogurt mixed with Cheerios, water</p>	<p>Feb. 1 Oatmeal mixed with blueberries, milk</p> <p>Cheesy chicken elbow noodles, peas & carrots, pears, milk</p> <p>Nutri-Grain bar, 100% pineapple juice</p>	<p>Feb. 2 English muffin, mango, milk</p> <p>Open-face sloppy joe sandwich, corn, applesauce, milk</p> <p>Austin peanut butter crackers, 1 tbsp peanut butter, water</p>	<p>Feb. 3 Cinnamon Burst Cheerios, orange slices, milk</p> <p>½ grilled cheese sandwich, ranch-style beans, potato fries, pineapple chunks, milk</p> <p>Chef's Choice, 100% orange juice</p>

**1% milk is served with breakfast and lunch! Cold water is served with P.M. snack unless otherwise noted!*

***If needed, 100% fruit juice will be served to meet required daily, nutritional values!*

****In order to be less wasteful, "Chef's Choice!" on Fridays is defined as "left over" A.M. or P.M. snacks from the current week.*